

# NIGHTLY CHECKLIST

DID I USE THE GIFT OF TODAY IN A WAY THAT PLEASES GOD AND THOSE AROUND ME? IF SO, GIVE EXAMPLE(S).

DID I EXPRESS GRATITUDE TO GOD DIRECTLY FOR THE GIFT OF TODAY? PRAYER/CONVERSATION WITH GOD OR MEDITATION.

DID I CREATE TODAY? IF SO, DISCUSS WHAT WAS CREATED TODAY.

WHAT WILL I CREATE TOMORROW? GET YOUR CHILD PREPARED THE NIGHT BEFORE TO TACKLE THE DAY AHEAD WITH A TO-DO LIST AND MENTAL PREPARATION THE NIGHT BEFORE.

DID I SHOW/EXPRESS AND SHARE MY LOVE TODAY? WITH WHOM AND HOW?

DID I SERVE OTHERS? GIVE EXAMPLES OF HOW YOU WERE OF SERVICE OR COULD HAVE BEEN.

WAS I PRESENT WITH THOSE AROUND ME? DID YOU PAY ATTENTION TO CONVERSATIONS WITH OTHERS? THIS IS A GOOD ONE FOR BOTH PARENT AND CHILD.

WHAT WILL I DO TOMORROW TO BE BETTER THAN TODAY? DISCUSS THE DAY AND HOW YOU CAN DO IT AND BE BETTER TOMORROW. BOTH PARENTS AND CHILDREN CAN BOND OVER TOPIC AND LEARN MORE ABOUT EACH OTHER'S DAY.

